

Recommended DVD Based Small Group Studies

This list of DVD based small group studies is recommended specifically for Growth Groups, which study principles and teaching of the Christian faith.

This list has been divided into five areas of interest...

- Christian Living
- Relationships
- Apologetics
- Doctrine/Theology
- Recommended Websites

Christian Living

The Purpose Driven Life by Rick Warren

The Purpose Driven. Life Small Group Curriculum is a six-week, video-based small group study of *The Purpose Driven Life* by Rick Warren. The six video lessons are taught by Rick, and are supplemented by small group discussion material in the accompanying study guide. When combined with the reading of *The Purpose Driven Life*, this study will give your small group the opportunity to discuss the implications and applications of these life-changing truths. You'll see the big picture of what life is all about and begin to live the life God created you to live.

Becoming a Contagious Christian by Bill Hybels

Becoming a Contagious Christian, the groundbreaking evangelism course developed by Willow Creek Resources, has helped over one million people to share the Gospel. This revised and updated training DVD avoids common mistakes some Christians make when introducing others to Christ. Avoid stereotyped approaches that feel intimidating to your friends with this six-session course. Learn to share your faith in a natural and effective way while being the person God made you to be. Join teachers Mark Mittelberg and Lee Strobel in a journey that will encourage you to reach your community for God.

The Life You've Always Wanted by John Ortberg

In this six-session small group DVD curriculum, award-winning author John Ortberg teaches participants the skills essential to "running the marathon" in the Christian life: slowing down, celebrating joy, practicing prayer, studying Scripture, and trusting God. Running time of each session, approx 15 minutes.

Intercessory Prayer by Dutch Sheets

In eight 30-minute sessions, pastor and teacher Dutch Sheets explains how and why intercessory prayer is effective. Answering often asked questions concerning this mysterious subject, he provides incentive for the Church to pray. Through solid theological teaching and real-life stories, you'll be equipped to discover new power in your prayer life.

Chase the Lion by Mark Batterson

Our current Christian culture doesn't usually encourage sensible people to chase after risky opportunities and dreams. We want to believe that if it's a good decision, it will always be and feel safe because that's the way God wants life to be. But what if you discovered that the fulfilling life God wants for you is hiding behind a present problem, a past failure, or a lifelong fear? Inspired by a fearless warrior named Benaiah (2 Sam. 23:20) who changed the course of his future by winning a battle with a real lion, this six-session Bible study expands the message of Mark Batterson's best-selling book *In a Pit with a Lion on a Snowy Day*.

Nooma Series by Rob Bell

Today's generation demand a new format for getting Christian perspectives. Nooma is the new format. It's short films with communicators that really speak to us. Concise and to the point, 10- to 14-minute DVDs tackle topics like forgiveness, discipleship, and unconditional love, making biblical truths vivid and relevant for today's generation. A great way to spark meaningful discussion in your small group! There is a set of over 20 episodes to choose from and design a semester of great discussions.

Don't Waste Your Life by John Piper

You get only one life . . . so make it *count* for God's glory! John Piper's passionate challenge to the up-and-coming generation comes through loud and clear in this dynamic curriculum. Speaking straight to the hearts and minds of today's youth, it includes a DVD with 10 teaching sessions; a special edition of his bestseller; a study guide; and more.

Relationships

Boundaries by Dr. Henry Cloud, Dr. John Townsend, Lisa Guest

Do you have trouble saying no? Can you set limits and still be a loving person? Are you in control of your life? What are legitimate boundaries? Do people take advantage of you? How do you answer someone who wants your time, love, energy, and money? Drs. Henry Cloud and John Townsend offer biblically based answers to these tough questions as they show us how to set healthy boundaries with our parents, our spouses, our children, our friends, our coworkers, and even ourselves. Nine sessions, 80 minutes total.

I Promise by Gary Smalley

Dr. Gary Smalley has spent years of research, this DVD Series will help you to develop a marriage where you both have the freedom to be open & secure without fear of being criticized, blamed or judged by each other. A safe place where your relationship grows deeper naturally.

Love & Respect by Dr. Emerson Eggerichs

Crack the communication code between you and your spouse---and reap the benefits of marriage as God intended! Emerson Eggerichs cites extensive research to clarify that harmony in relationships is achieved by building on *both* parts of the Ephesians 5:33 equation. Includes an interactive workbook and a DVD with over 60 minutes of marriage-building resources.

Laugh Your Way to a Better Marriage by Mark Gungor

Attend this hilarious, no-holds-barred weekend marriage seminar---in the travel-free comfort of home! With his trademark humor and entertaining illustrations, Mark Gungor makes learning the dynamics of male/female relationships fun, effective, and memorable. Sessions include "The Tale of Two Brains," "How to Stay Married and Not Kill Anybody," and more. Four DVDs, approx. 6 hours total.

Raising A Modern Day Knight by Robert Lewis and Dennis Rainey

From the producer of Wild at Heart, A Band of Brothers comes a compelling new video study that will give you the opportunity to be able to explore how we can raise our sons into a noble, vibrant masculinity and a healthy manhood propelling your fatherhood to another level. The series, hosted by RMDK author, Robert Lewis and FamilyLife founder, Dennis Rainey, is a 6-part study for men based on the best-selling Focus on the Family book, Raising a Modern Day Knight.

Parental Guidance Required by Andy Stanley, Reggie Joiner

As parents, we need to do everything we can to enhance our children's relationship with us, to influence their relationships with those outside the home, and most importantly, to advance their relationship with God. Designed for use in personal study or in small groups, The Parental Guidance Required DVD and study guide are practical resources that will help parents to ask themselves the important questions: Am I economizing my time with my child, or am I investing in my child by carefully developing the quality of our relationship over the long haul? Am I striving to control the influence that friends have in my child's life? Am I nurturing a healthy, eternal perspective that will help my child to weather the inevitable storms of life? DVD includes 4 complete sermons and six group sessions that correspond to the companion study guide.

Apologetics

The Truth Project by Dr. Del Tackett

The Truth Project is a DVD-based small group curriculum comprised of 12 video lessons (recommended to be viewed and discussed over 13 consecutive weeks) taught by Dr. Del Tackett, President of the Focus on the Family Institute and a Senior Vice President of our ministry. This study is the starting point for looking at life from a biblical perspective. Each lesson discusses in great detail the relevance and importance of living the Christian worldview in daily life.

The Case for Christ by Lee Strobel and Garry D. Poole

Is there credible evidence that Jesus of Nazareth really is the Son of God? Retracing his own spiritual journey from atheism to faith, Lee Strobel, former legal editor of the Chicago Tribune, cross-examines several experts with doctorates from schools like Cambridge, Princeton, and Brandeis who are recognized authorities in their own fields. Strobel's tough, point-blank questions make this six-session video study a captivating, fast-paced experience. But it's not fiction. It's a riveting quest for the truth about history's most compelling figure. 6 sessions; 1 DVD with leader's guide, 90 minutes (approximate).

Battling Unbelief by John Piper

In ten 30-minute sessions, pastor John Piper shows how to sever the clinging roots of sin that ensnare us, including anxiety, pride, shame, impatience, covetousness, bitterness, despondency, and lust. Delighting in the bounty of God's glorious gospel promises, will free us for a less sin-encumbered life, to the glory of Christ. Rooted in solid biblical reflection, this study aims to help guide you through the battles to the joys of victory by the power of the gospel and its superior pleasure.

Doctrine/Theology

Foundations: God by Tom Holladay, Kay Warren

Foundations: God is a four-session study that looks at one of the core truths of the Christian faith. *What Is God Like?* Tom Holladay and Kay Warren will not only answer the questions, but also show you how these truths are to be lived out—in your relationships, your character, and your work.

Foundations: Jesus by Tom Holladay, Kay Warren

Foundations: Jesus is a four-session study on Jesus is all about relationships. As you look at what the Bible says about the person of Christ, you are doing so as one who is developing a lifelong relationship with Jesus. Sessions include: Jesus, Your Best Friends, The Life of Jesus, Jesus Is Fully God and Jesus Is Fully God and Fully Man. Approx. 90 minutes.

Foundations: The Holy Spirit by Tom Holladay, Kay Warren

Foundations: The Holy Spirit is a four-session study focuses on building confidence in your relationship with God based on the presence of the Holy Spirit in your life. You will see with eyes of faith just how the Holy Spirit is at work in your daily life and how you can be filled with the Holy Spirit each day. Sessions include: God, the Holy Spirit, The Role of the Holy Spirit, The Filling of the Holy Spirit and Being Filled with the Holy Spirit. Approx. 90 minutes.

Foundations: The Bible by Tom Holladay, Kay Warren

Foundations: The Bible is a four-session study that focuses on helping you develop confidence that God's Word can be trusted above and beyond your own feelings, values, opinions, and culture. You will also discover how God has made it possible for you to read and study the Bible and, within its pages, find life-changing truth. Sessions include: Building Confidence in the Bible, Trusting in the Reliability of the Bible, Understanding Illumination and Handling the Bible Responsibly. Approx. 90 minutes.

Recommended Small Group Resource Websites

www.smallgroupexchange.com

www.christianbook.com